

# *The Messenger*

## NEWSLETTER

May

2021

**Mt. Nebo United Presbyterian Church**



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# From the Pastor's Study

**May 2021**

Friends,

Change is hard.

I'm writing this newsletter article as potential buys are traipsing around my apartment. Trying to decide if they want to be my new landlord. I'm here because I adopted a cat in quarantine. And this is the first time that strangers have been in and out of my apartment since she came to live with me. And I'm worried she'll run outside. Or scratch someone accidentally. Which is not how I want to start a new landlord- tenant relationship.

I think change is hard because we are a people who like feeling like we have control over our lives and our futures. Even as a renter I took comfort in knowing who my landlord was, when my rent is due, and what my rent amount is. It was one thing I could count on after a year where everything felt out of control.

One thing the last year has taught me is that I'm not in control of much. But the blessing of the past year is that it's forced me to rely on God in ways that I didn't need to in the past. I can't control my landlord's decision to put the house on the market during a seller's market. All I can control is my attitude towards the inconvenience of having people in my home. And my cat's ability to get out the front door. The rest is in God's hands.

Friends all of us are going through a season of change right now. Now that all Pennsylvanian's are eligible to be vaccinated, and case numbers are on the decline in Allegheny County, everyone is at a different place with their Covid comfort level. Some people are ready to start traveling again. Others are ready to host small, outdoor dinner parties. Others are saying until everyone is vaccinated, I'm not leaving my house.

Regardless of where you are with your Covid comfort level, the next couple of months will be a challenge. Sorry, I wish I had better news for yinz! But as we transition into whatever life will look like from now on. I encourage you to remember that you can control your attitude and your behavior. The rest is up to God.

My hope and my prayer as we journey through the next few months is that we would all learn to lean on God in ways we haven't needed to in the past.

Oh, and that my house would sell quickly, to a decent landlord, and that there won't be a rent increase!

God Bless,

Rev. Rebecca DePoe



# Elders of the Week

<b>May 2</b>	<b>Linda Wible and Donna Frazier</b>
<b>May 9</b>	<b>Faith Tilly-Fisher and Rich Jovan</b>
<b>May 16</b>	<b>Tom Garver and Ed Schrott</b>
<b>May 23</b>	<b>Donna Frazier and Linda Wible</b>





**May 6 - Susan Stewart**

**May 21 - Kay Holman (101 years young!)**

**May 27 - Joe Mansfield**

**May 28 - Linda Watkins**





**May 6 - Jeff & Linda Watkins  
celebrating 43 years!**





## May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

- Communion Sunday- May 2, 2021
- CPM Meeting- May 4, 2021
- Bible Study- May 6, 2021
- Worship, Happy Mother's Day!- May 9, 2021
- Bible Study- May 13, 2021
- Brown Wedding Rehearsal- May 13, 2021
- Brown Wedding- May 14, 2021
- Worship- May 16, 2021
- Presbytery Meeting- May 20, 2021
- Bible Study- May 20, 2021
- Worship, Happy Pentecost! May 23, 2021
- Session- May 25, 2021
- Bible Study- May 27, 2021
- Board of Pension Seminar- May 26, 2021
- Worship- May 30, 2021
- Happy Memorial Day! (Office Closed)- May 31, 2021



## Friendly Reminders:



Please wear a face



Please maintain 6 feet  
of social distance  
from people  
you don't live with.



Please wash/sanitize  
your hands.  
Cause Jesus and germs  
Are everywhere!

# COVID-19 RESPONSE

Updated

19 Policy  
November 2020

Covid-

*What do we do if someone who attended in person worship tests positive for Covid-19?*

**If Pastor Rebecca tests positive...**

- In-person worship will be canceled for the following Sunday.
- The office will e-mail the prayer chain.
- Session will call members without e-mail access.

**If a member of the congregation tests positive...**

- Session will determine if it is safe to meet for in-person worship the following Sunday.
- The office will e-mail the prayer chain.
- Session will call members without e-mail access.

**If a member of the staff tests positive...**

- The church will pay the staff their regular salary to stay home during their contagion period.
- Session will determine if it is safe to meet for in-person worship the following Sunday.
- The office will e-mail the prayer chain.
- Session will call members without e-mail access.

**Friendly reminders:**

- Please continue to wear your mask (covering your mouth and your nose) when you're in the church building.
- Please continue to sit six feet apart in the sanctuary.
- If you are feeling unwell (even if you don't have Covid symptoms) please stay home until you are feeling better.
- If you had direct contact (unmasked, longer than 15 minutes) with someone who tested positive for Covid, please worship from home the following Sunday.
- If we have to cancel in-person worship, we will do our best to alert everyone as soon as possible. Thank you for your patience!

# Session Updates

April 2021

## Pastor's Report

- I'm continuing to serve as the Senior Vice Moderator of our Presbytery.
- We have our next Presbytery meeting on May 20, 2021, so I'm helping get reports together for this meeting.
- Our Violence in Scripture Bible Study will continue on Thursdays at 3pm until May 27, 2021.
- The office will be closed on May 31, 2021. Happy Memorial Day!

## Finance

- We've been invited to participate in a pilot program with Board of Pensions for churches engaged in shared pastoral ministry.
  - This month, pastor, Session from Mt. Nebo, and Session from Glenshaw Valley will meet with a board representative to learn more about the program.

## Building and Grounds

- MNUPC Polling Location
  - Allegheny County Election Divisions called and asked if we would consider being a polling location.
  - We agreed to be a polling location. The two places to vote in Ohio Township are the Nature Center and our church.
  - Elections will be held May 18, 2021 and November 2, 2021.

## Worship Updates

May 2, 2021- Communion Sunday

May 9, 2021- Happy Mother's Day

May 23, 2021- Pentecost Sunday

May 30, 2021- Trinity Sunday, Memorial Day Sunday

## Fellowship Updates

- We will have a Fellowship of the Cup immediately following worship on Sunday, May 23, 2021. This will be Christin's last Sunday with us until the fall. Come and thank her for her good work this past year!

## Mission Updates

- Scouts collected food for our Pantry during Scouting for Food- April 17, 2021.
- Donna is planning a food distribution in May, date/time TBA.





## **PRAYER LIST**

**Dorothy Pattini  
Warren Smith  
Kay Holman**



## **PLEASE PRAY FOR OUR SHUT- INS**

**Audrey Chappel  
Colleen Langhurst  
Marjorie Jones  
Joan Foster  
Mr. & Mrs. Verduce  
Sylvia Windisch**

# MT. NEBO FOOD BANK



Donations are always needed for our food bank as hunger has no boundaries. We are planning ahead for our future distribution and are in need of some basic items for the pantry as well as Giant Eagle gift cards.

We accept donations at any time. Please contact Donna Frazier at 724-378-6995 or [mtneboupc@gmail.com](mailto:mtneboupc@gmail.com) so someone will be on site to receive your gift. If presenting a monetary gift, please write your check to Mt. Nebo Presbyterian Church with the words "food pantry" on the memo line. Checks and gift cards may be mailed or dropped off at the church office.

## Below is a list of suggestions for the food pantry:

### Shelf-stable food items:

- Jelly
- Pasta and pasta sauce
- Kraft Dinners (Macaroni and Cheese)
- Rice
- Healthy cereals
- Crackers. Basics such as Saltines
- Syrup and Pancake mixes that requires only water
- Shelf stable milk or milk substitutes
- Boxed cereal, Stuffing, Instant Potatoes

### Canned Foods Such As:

- Tomatoes or tomato paste
- Tuna in water or canned chicken
- Canned fruit in juice (not syrup) or applesauce

### Cooking Aids Such As:

- Beef, chicken, or vegetable broths or stock
- Condiments such as mayonnaise, mustard, and ketchup
- Olive or canola oil

### Toiletries Such As:

- Paper towels
- Toothpaste and toothbrushes
- Bar soap
- Shampoo and conditioner
- (no baby products please)

*Thank you!*  
*You make a difference.*

